



3 R D A N N U A L

SOWING CHANGE:

*A Collaborative Approach to
Strengthening Food Security*

FRIDAY, FEB. 15

8:30 a.m.–4 p.m.

A ONE-DAY CONFERENCE
AT BUCKNELL UNIVERSITY

Register at sowingchange@susqu.edu

CO-HOSTED BY

Bucknell
UNIVERSITY

Susquehanna
UNIVERSITY

SOWING CHANGE

MISSION STATEMENT

Sowing Change is a network of community and campus gardens, community organizations, and educators that seek to share and expand our knowledge of sustainable growing practices and nutritious food, strengthen food security for our region's residents, and cultivate opportunities to connect people of all backgrounds through the food we eat.

COMMITTEE MEMBERS

Kyle Bray, Bucknell University
Pam Frontino, Susquehanna University
Derek Martin, Susquehanna University
Emily Mrusko, Union-Snyder Community Action Agency
Jennifer Schneidman Partica, Bucknell University
Phil Silvagni, Red Shield Community Garden
Kathy Straub, Susquehanna University
Hannah Buckley, Bucknell University
Kyle Morton, Bucknell University

For more information, visit:

www.susqu.edu/campus-life/our-campus-and-location/sustainability/sowing-change

Email us:

sowingchange@susqu.edu

Follow us on Facebook:

www.facebook.com/sowingchange



PROGRAM SCHEDULE

MORNING

8:30-9:00 Registration and Breakfast,
Walls Lounge, Elaine Langone Center

9:00-9:05 Welcome and Introduction
Kyle Bray, Bucknell University
Walls Lounge

9:05-9:35 Opening Plenary
Leah Tewksbury, Tewksbury Grace Farm
Walls Lounge

9:40-11:10 Breakout Session #1
(a) Integrated Crop Management, *Center Room*
(b) Mapping the Food System, *Langone Center AB*

NETWORKING LUNCH

11:15-12:15 *Walls Lounge*





PROGRAM SCHEDULE

POSTER PRESENTATIONS

12:30-1:00 *Langone Center CD*

AFTERNOON

1:15-2:45 Breakout Session #2

(a) Capturing and Communicating Narratives of Efforts to Address Food Insecurity, *Langone Center AB*

(b) Creating a Mobile Farmers' Market, *Center Room*

2:45-3:15 Keynote Address

Lyn Garling, Pennsylvania Women's Agriculture Network
& Over the Moon Farm

Walls Lounge

3:15-4:00 Coffee & Networking

Walls Lounge

CLOSING



SPEAKER BIOS

Lyn Garling

*Pennsylvania's Women's Agriculture Network
Over the Moon Farm*

Lyn Garling is the owner/operator of Over the Moon Farm, a 26 acre grass-based organic farm in Center County, PA. In addition, Lyn is the co-founder of the Pennsylvania Women in Agriculture Network, which aims to encourage and support women in agriculture, provide and strengthen networks for women in agriculture, raise community awareness for agricultural-related issues and concerns, and sustain farming livelihoods. Lyn also served for many years as the program manager for Penn State's Pennsylvania Integrated Pest Management Program.

At Sowing Change, she will discuss key questions we need to ask to make changes to how food is priced and distributed- questions like do subsidies take into account rural/urban location?, the role of farmers, farm economic viability in an artificially cheap market, etc., and how that impacts food security.

Leah Tewksbury

Tewksbury Grace Farm

Leah Tewksbury, along with her husband John, own and operate Tewksbury Grace Farm, which produces a large variety of sustainably-grown heirloom vegetables, tree and ground fruit, herbs, and Shiitake Mushrooms. Their produce is hand-cultivated in raised garden beds, using no power equipment and no chemicals or GMOs. Leah and John operate a 40-member CSA, serving the Lewisburg and Muncy communities. They have taught various agricultural workshops such as shiitake log cultivation, PSU Extension pollinator and organic pest control system trials, and PASA-based organic vegetable field days and annual conference. They also help found the Susquehanna Valley Growers Market in Lewisburg. Leah was northeast regional PASA contact for several years, and has presented often on topics of sustainable agriculture, mindful consumption, and humane education. She has participated in USAID's Farmer to Farmer program for the last several years, teaching soil health and organic permaculture principles in Guatemala, Ethiopia, Mexico and the Dominican Republic.



SESSION SPEAKERS

Creating a Mobile Farmers' Market

Farida Zaid

Keene Sustainable Living Center

Capturing and Communicating Narratives of Efforts to Address Food Insecurity

Dr. Philip Asare, Arsh Noor Amin & Matt Gardzina

Bucknell University

Integrated Crop Management

John Esslinger

Penn State Extension

Mapping Food Systems

Sam Evers

Lehigh University

SPECIAL THANKS TO

CAMPUS COMPACT OF NEW YORK & PENNSYLVANIA

Char Grey
Laurie Worrall

BUCKNELL UNIVERSITY

Office of Civic Engagement

SUSQUEHANNA UNIVERSITY

Johnson Center for Civic Engagement
Center for Environmental Education and Research
Erica Hoover & University Communications

